

LOCAL SPA

menu

BY

EDEM CLINIC

UKRAINE

Floating

<i>Procedure</i>	<i>Duration</i>	<i>Price</i>
Floating with non-contact hydromassage	30 min	1500
Floating with non-contact hydromassage and stimulation of the reflex points	30 min	2000
<i>extra procedure</i>		
Moisturizer gel face mask	30 min	600
Moisturizer gel face mask with natural yogurt	30 min	600
Antistress wrapping with Local SPA essential oils	30 min	1000
Detox wrapping with sea mud and algae	30 min	1100
Wrapping with white clay and essential pepper oil	30 min	2000

Classic massage techniques

<i>Procedure</i>	<i>Duration</i>	<i>Price</i>
Deep body massage	<i>60 min</i>	3500
Deep body massage	<i>90 min</i>	5000
Regenerating, moisturizing and toning massage	<i>60 min</i>	5000
Back and foot massage	<i>60 min</i>	5000
Sports massage	<i>60 min</i>	5000
Deep body massage + facial care	<i>90 min</i>	6000
Regenerating, moisturizing and toning massage	<i>90 min</i>	6000



Modeling and anti-cellulite procedures

<i>Procedure</i>	<i>Duration</i>	<i>Price</i>
Cryoplast mini - structural abdominal massage	<i>60 min</i>	4000
Light legs	<i>60 min</i>	4000
Anti-cellulite massage	<i>60 min</i>	5000
Velvet care with olive jam and basil	<i>120 min</i>	6000
Slender silhouette	<i>120 min</i>	6000

Relax massage procedures

<i>Procedure</i>	<i>Duration</i>	<i>Price</i>
English Garden	<i>60 min</i>	4500
Relaxing, spasm-relieving massage. The touch of the wave	<i>60 min</i>	4600
English Garden	<i>90 min</i>	5000
Relaxing, spasm-relieving massage. The touch of the wave	<i>90 min</i>	5100
Mineralizing marine care	<i>60 min</i>	5500
Magical massage with an aroma candle	<i>90 min</i>	5500
Energetic massage with volcanic stones	<i>90 min</i>	6000



Rituals for two persons

<i>Procedure</i>	<i>Duration</i>	<i>Price</i>
Ritual for two - Relaxing, spasm-relieving massage. The touch of the wave	<i>90 min</i>	10200
Ritual for two - Local relaxation	<i>90 min</i>	11000
Ritual for two - Magical massage with an aroma candle	<i>90 min</i>	11000

Procedures for pregnant women and moms

<i>Procedure</i>	<i>Duration</i>	<i>Price</i>
A charming mother	90 min	4700
Massage for pregnant women «Serenity» <i>(body, face)</i>	90 min	4700



LOCAL SPA



Body LOCAL SPA rituals

<i>Procedure</i>	<i>Duration</i>	<i>Price</i>
Restorative massage	<i>90 min</i>	5500
Toning massage	<i>90 min</i>	5500
Relaxing massage	<i>90 min</i>	5500



Body Mono Rituals - LOCAL

<i>Procedure</i>	<i>Duration</i>	<i>Price</i>
Cleansing (Currant / sugar+salt)	100 min	6000
Calming (Yarrow / sugar+salt)	120 min	6500
Strengthening (Calendula / sugar+salt)	120 min	6500
Regeneration (Plantain / sugar+salt)	100 min	6500
Immunity boost (Nettle / sugar+salt)	120 min	6500

Mono Massages - LOCAL

<i>Procedure</i>	<i>Duration</i>	<i>Price</i>
Regenerative Massage - Cleansing	<i>70 min</i>	5000
Deep Tissue Back and Leg Massage - Immunity boost	<i>90 min</i>	5500
Herbal Compress Massage - Strengthening	<i>90 min</i>	5500
Relaxing Massage - Calming	<i>90 min</i>	5500
Relaxing (Sedative) Massage- Regeneration <i>(in 4 hands)</i>	<i>90 min</i>	5500



LOCAL SPA rituals for the face, neck and shoulders

<i>Procedure</i>	<i>Duration</i>	<i>Price</i>
Facial deep toning and reflexology massage	60 min	4000
Facial massage - relaxation and drainage	60 min	4000
Head, face, neck and collar area massage	60 min	4000

Body LOCAL-SPA scrubs

<i>Procedure</i>	<i>Duration</i>	<i>Price</i>
Herbal Scrub Powder Yarrow	30 min	2600
Herbal Scrub Powder Calendula	30 min	2600
Herbal Scrub Powder Plantain	30 min	2600
Herbal Scrub Powder Currant	30 min	2600
Herbal Scrub Powder Nettle	30 min	2600
Sugar-Salt Scrub Powder Yarrow	30 min	2600
Sugar-Salt Scrub Powder Calendula	30 min	2600
Sugar-Salt Scrub Powder Nettle	30 min	2600
Sugar-Salt Scrub Powder Plantain	30 min	2600
Sugar-Salt Scrub Powder Currant	30 min	2600



Ayurveda and harmony of the soul

<i>Procedure</i>	<i>Duration</i>	<i>Price</i>
Vedic Practice of Sadhu	30 min	3000
Vedic Practice of Sadhu	60 min	4000
Udvardana ritual <i>(in 2 hands)</i>	75 min	5700
Tayladara ritual	70 min	6000
Massage with linen bags	90 min	6000
Abhyanga ritual <i>(in 2 hands)</i>	90 min	6500
Udvardana ritual <i>(in 4 hands)</i>	60 min	6700
Ayurvedic ritual – Vishesh <i>(in 4 hands)</i>	120 min	7000
Ayurvedic ritual - UdvarVishesh <i>(in 4 hands)</i>	120 min	7000
Lotus of Pleasure	120 min	7000
Abhyanga ritual <i>(in 4 hands)</i>	75 min	7500

Thai massage techniques

<i>Procedure</i>	<i>Duration</i>	<i>Price</i>
Thai foot massage	<i>60 min</i>	4200
Thai Yoga massage	<i>60 min</i>	5000
Thai Yoga massage	<i>90 min</i>	5500
Thai aroma massage	<i>90 min</i>	6000



Facial massage rituals

<i>Procedure</i>	<i>Duration</i>	<i>Price</i>
Non-surgical facelift	<i>60 min</i>	4700
Active facial gymnastics	<i>60 min</i>	4800
Pro-Collagen – Reverse to Aging	<i>60 min</i>	5400
Pro-Definition – Lifting and Defined Contours	<i>60 min</i>	5400

Facial aesthetics (mechanical method) Aquapure

<i>Procedure</i>	<i>Duration</i>	<i>Price</i>
Microcurrent therapy	20 min	1400
Clean skin	30 min	3300
Absolute effect <i>- vacuum skin cleansing based on acids;</i> <i>- electroporation;</i> <i>- microcurrents;</i> <i>- cryotherapy;</i> <i>- alginate mask</i>	75 min	5000
<i>extra procedure</i>		
Alginate mask	20 min	1600



Wrapping

<i>Procedure</i>	<i>Duration</i>	<i>Price</i>
Wrapping with white clay and essential pepper oil	<i>30 min</i>	2200
Wrapping with natural yogurt	<i>30 min</i>	2200
Wrapping with sea mud and algae	<i>30 min</i>	3000
Wrapping with essential oils and extracts - aroma application	<i>30 min</i>	3000

Hand and foot care

<i>Procedure</i>	<i>Duration</i>	<i>Price</i>
Hand moisturizing and mineralization	<i>30 min</i>	1600
Olive care with basil scrub for hands	<i>30 min</i>	1600
Olive care with basil scrub for foot	<i>30 min</i>	1600



Procedures for children

<i>Procedure</i>	<i>Duration</i>	<i>Price</i>
Rest & Recovery	<i>30 min</i>	2900
Tone & Health Improvement	<i>30 min</i>	2900
Rest & Recovery	<i>60 min</i>	4000
Tone & Health Improvement	<i>60 min</i>	4000

Complex of procedures

<i>Procedure</i>	<i>Duration</i>	<i>Price</i>
Active recreation <i>- non-contact hydromassage with floating and phyto mud therapy</i> <i>- personal training</i>	90 min	3500
Complex of procedures Lightness after the road <i>- non-contact hydromassage with floating and natural yoghurt wrapping</i> <i>- back and shoulder massage</i>	60 min	5200
Complex of procedures for skiers/snowboarders <i>- non-contact hydromassage with floating</i> <i>- back and foot massage</i>	90 min	6000



SPA day

Procedure

Price

SPA day Relaxation

10 300

*Local Relaxation body massage
floating with non-contact hydromassage
facial massage - relaxation and drainage*

SPA day Recovery

10 300

*Local Recovery body massage
floating with non-contact hydromassage
massage of the head, face, and neck-collar area*

SPA day Toning

11 300

*herbal scrub
Local Toning body massage
facial deep toning and reflexology massage*

Night SPA

<i>Procedure</i>	<i>Duration</i>	<i>Price</i>
Night SPA for two <i>- SPA visit*</i> <i>- a bottle of sparkling wine</i> <i>- a mix of delicacies from the Chef of the "88 Vinoteque" restaurant</i>	<i>3 hours</i>	30 000
Night SPA for two (with massage) <i>- SPA visit*</i> <i>- massage ritual: Local Relaxation / Wave – touch of the wave /</i> <i>Deep body massage</i> <i>- a bottle of sparkling wine</i> <i>- a mix of delicacies from the Chef of the "88 Vinoteque" restaurant</i>	<i>3 hours</i>	40 000
Night SPA for a company (4-6 people) <i>- SPA visit*</i> <i>- 2 bottles of sparkling wine</i> <i>- a mix of delicacies from the Chef of the "88 Vinoteque" restaurant</i>	<i>3 hours</i>	60 000

**unlimited infinity swimming pool on the roof, Kraxen herbal bath, Finnish sauna with a panoramic view, Roman steam room, salt relax room, shower of feelings, ice fountain, phyto-bar*



"Anti stress" program 3 days

The «Anti stress» program includes the most successful oriental and local wellness directions with a calming effect on the body – massage, deeply relaxing floating, breathing practices, meditation. Each element of the program complements each other, and together they give a feeling of complete harmony with oneself and the world. The program was created under the guidance of Edem Clinic doctors and uses a comprehensive approach to the human body.

Key indications for its passage are:

- restoration of mental health
- improvement of body systems
- harmonization of body and mind

<i>Procedure</i>	<i>Amount</i>	<i>Duration</i>
Non-contact hydromassage with floating and stimulation of the reflex zones of the head "Recovery"	2	30 min
Anti stress meditation session/Vedic practice "Anti stress"	2	30 min
Author's reflex massage of the face, neck, head and feet	2	60 min
Individual breathing practice (Stimulation, Toning, Relaxation)	3	30 min
Ritual "Calmness"	1	120 min

SPA visits (*limitless infinity pool, Finnish sauna with a panoramic view of the mountains, Roman steam room, Kraxen herbal bathhouse, salt relaxation room, Shower of impressions, ice fountain, phytobar*)

Investment in your health **21 200 uah**

"Full of energy" program 3 days

The "Full of energy" program helps to quickly restore and recharge the body's battery with the help of specially developed procedures and their combination by leading Edem Clinic specialists. Natural factors, which are combined into comfortable procedures, will give you the opportunity to get the maximum benefit for your system. In the program, you will experience 3 unique types of massage techniques aimed at relaxation, stimulation, body toning and skin nourishment, which will positively affect self-regulation processes. The technique of non-contact massage and floating will allow you to "unite" your brain with your body, and a trip to the mountains to the energy places of the Ukrainian Carpathians will enhance the effect of Local SPA procedures and provide a powerful result of energy recovery.

<i>Procedure</i>	<i>Amount</i>	<i>Duration</i>
Relaxing, spasm-relieving massage	1	60 min
LOCAL SPA rituals - Head, face, neck and collar area massage	1	60 min
Sports and toning massage	1	60 min
Non-contact hydromassage with floating and herbal scrub Local SPA	1	30 min
Non-contact hydromassage with floating and wrapping with white clay and essential pepper oil	2	30 min
Hike to the "Place of Strength" mountains	1	3 hours
Cocktails with amino acids	1	
SPA visits (<i>limitless infinity pool, Finnish sauna with a panoramic view of the mountains, Roman steam room, Kraxen herbal bathhouse, salt relaxation room, Shower of impressions, ice fountain, phytobar</i>)		

Investment in your health **22 400 uah**

"Cleansing" program 3 days

The purpose of the "Cleansing" program is to strengthen the work of exo- and endotoxin and free radical removal systems, to start autophagy processes. Specially developed techniques by the Edem Clinic team of doctors and phytotherapists are formed on scientifically based principles with a personalized approach and are aimed at restoring cell functions, stabilizing and accelerating metabolism, as well as improving the body's vital forces. During the program, a combination of phytotherapeutic muds, drainage techniques and unique collections of medicinal plants are used.

The program is shown for:

- starting weight loss processes
- cleansing the body
- rebooting the body
- normalizing metabolism
- preserving youth

<i>Procedure</i>	<i>Amount</i>	<i>Duration</i>
Lymphatic drainage detox massage (regeneration, moisturizing and toning)	2	60 min
Deep detoxifying massage	1	60 min
Phytomud body therapy with non-contact hydromassage and floating "Nutrition"	1	30 min
Phytomud body therapy with non-contact hydromassage and floating "Rejuvenation"	1	30 min
Author's personal session with a trainer	3	60 min
Use of decoctions of medicinal herbs from the Edem Clinic phytotherapist	6	
SPA visits (<i>limitless infinity pool, Finnish sauna with a panoramic view of the mountains, Roman steam room, Kraxen herbal bathhouse, salt relaxation room, Shower of impressions, ice fountain, phytobar</i>)		

Investment in your health **20 800 uah**